

# MMEA Resource Fall 2020: Jazz

### **Fall 2020 Guidance for Music Education**

Prepared by the National Federation of State High School Associations and the National Association for Music Education

https://nafme.org/my-classroom/fall-2020-guidance-music-education-from-nfhs-nafme/

## Missouri Music Educators Association Addendum to the Missouri School Board guidelines for reopening.

Missouri Music Educators Association Covid-19 Recommendations CDC's current guidance, updated in March 2020, is for the implementation of social distancing practices and provides a suggestion for how school classes may be modified to accommodate social distancing, which is included in the recommendations for modifications below. ALL efforts should be made to modify activities rather than canceling Music Education classes and activities. Music Education can be modified like all other classes.

## MMEA Ensemble/Classroom Guidelines

- 1. Reorganize to allow for smaller classes and social distancing (Goal: 6 feet).
- 2. Alternate schedule minimize numbers of students in the music classrooms, require social distancing (Goal: 6 feet).
- 3. Determine room capacity. What is square footage of your room?
  - 3.1. Students at 6 feet apart = 36 square feet per student.
  - 3.2. 20 students in class multiplied by 36 square feet = 720 square feet needed for safe environment.

- 3.3. Mark chair location with tape on floor. Straight/flat rows facing the same direction is recommended.
- 3.4. While sacrificing a higher ceiling for more floor space will provide the distancing necessary, an effort must be made to consider the cubic feet of the rehearsal space in order to reduce damage to hearing.
- 4. Utilize other available classrooms for sectionals or group rehearsals where social distancing is achievable.
- 5. Limited and monitored restroom usage.
- Teachers use controlled entrance and exits so students are not entering and exiting through the same door if possible.
- 7. Use separate partitions in the open spaces (large classrooms);
  - 7.1. Utilize markings on classroom floor/wall (student section/work stations).
- 8. Manage social distancing when moving students to/from multiple rehearsal spaces
- Students should be provided their own equipment for class/prohibit equipment sharing.
- 10. Disinfect equipment between classes.
- 11. Students disinfect hands in and out of the rehearsal spaces (hand-sanitizing stations).
- 12. Avoid touching and playing toward each other.
  - 12.1 Face all students the same direction as much as possible.
- 13. Blended Learning/Flipped classroom for concepts and skills relating to each standard.
- 14. Teachers have access to technology to broadcast instruction due to increased social distancing (ex. Megaphone or microphone).
- 15. Teachers have the ability to communicate for safety purposes. (ex. Walkie talkie).
- 16. Conductors face the ensemble from 10 to 20 ft. away from the first row of players.
- 17. Bell coverings for instruments and flute guards for flutes should be utilized for indoor rehearsals.

- 18. Self-Management Individualized programs-multiple activity stations allowing for personal choice with personal recording (record keeping, personalized logs, goal setting, etc).
- 19. Activities that require close contact or potential contact with another person should not be included. Provide lessons that include no contact activities and no or limited equipment (e.g. solo, small ensemble, sectional rehearsals, etc).
- 20. Equipment and practice rooms should consider strategies for social distancing throughout the activity.
- 21. All efforts should be made at every level to assist students in creating personal activities and rehearsal plans that include logging and reporting of learning processes, achievement of standards and all available assessment benchmarks. If indoor rehearsals are not recommended, utilize other avenues of music learning such as music theory, music appreciation, songwriting, music history, and instrument classes such as guitar and ukulele.
- 22. Prepare to see students less frequently and for abbreviated in person classes. Work with administrators and stay informed of scheduling options.
- 23. Limit any nonessential visitors, volunteers, and activities involving external individuals, groups or organizations.

## Locker Rooms and/or Lockers in Hallways

- 1. Teachers should stagger access to lockers for instrument storage.
- 2. Students should not be allowed to share lockers.

### Physical Activity in the Music Classroom

- Protocols for Physical movement modification can be utilized to adapt activities such as before-and after-school programs, extracurricular rehearsals, and practices.
- 2. Students should not engage in activities for the purpose of stretching or "warm-ups" that would require elevated heart rates or exasperated breathing extreme social distancing should be observed.
- 3. Outdoor rehearsals that follow social distancing guidelines are recommended.

#### **Instrumental Music Guidelines**

- Incorporate outdoor classroom environments as much as possible to allow for proper social distancing as well as musical instruction.
  - 1.1. Must have an indoor plan in place to maintain distance among students in case of weather.
  - 1.2. If typical indoor rehearsal space is not large enough, speak with administration about finding a larger area (auditorium, gymnasium, cafeteria, etc.)
- 2. Use the NFHS, NAMM, NAfME instrument cleaning guidelines: https://nafme.org/covid-19-instrument-cleaning-guidelines/
  - 2.1. Caution is stressed when considering the cleaning of string instruments. Please contact local dealers for cleaning suggestions. Most products for sanitizing are harmful to wood. Refer to ASTA website for cleaning suggestions.
- Suggest to students to bring their own disinfectant spray for all mouthpieces and reed players use plastic instead of cane.
- Record class rehearsals and share recordings with students who cannot attend school due to illness or compromised immune systems.

- 5. Careful consideration must be given to teaching flute, relying on the most up-to-date information available. See Aerosol study for recommendations.....
- 6. Bell coverings for instruments should be utilized for indoor rehearsals.
  - 6.1 Flute guards for flutes as needed